# Investing Insights 

December 31, 2019


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Investments
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## Managing Downturns

## Expansion vs. Recession in the US



| Average, all cycles: | Recession | Expansion |
| :---: | :---: | :---: |
| $1854-2009$ ( $\mathbf{3 3}$ cycles) | 16 | 42 |
| $1854-1919$ ( $\mathbf{1 6}$ cycles) | 22 | 27 |
| $1919-1945$ ( 6 cycles) | 18 | 35 |
| $1945-2009$ ( $\mathbf{1 1}$ cycles) | 11 | 59 |

Recession is the number of months from peak to trough. Expansion is the number of months from the previous trough to latest peak.

For example: 120 months - March 1991 to March 2001 expansion

## S\&P/TSX Declines Greater Than 30\%

| Period |  | Peak Value | Trough Value | Decline | Months from Peak to Trough | Price Return (from trough) |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Peak Date | Trough Date |  |  |  |  | 3 months | 1 year | 10 years |
| Sep 21929 | Jun 11932 | 332.61 | 64.20 | (80.7\%) | 33 | 45.8\% | 79.2\% | 37.9\% |
| Jul 31956 | Dec 31957 | 617.67 | 432.11 | (30.0\%) | 17 | 5.8\% | 26.8\% | 108.1\% |
| Oct 11973 | Sep 31974 | 1,329.28 | 832.98 | (37.3\%) | 11 | 1.4\% | 17.2\% | 186.5\% |
| Nov 281980 | Jul 81982 | 2,402.23 | 1,346.35 | (44.0\%) | 19 | 26.2\% | 84.1\% | 153.7\% |
| Aug 131987 | Oct 281987 | 4,112.86 | 2,837.79 | (31.0\%) | 3 | 7.9\% | 20.0\% | 137.4\% |
| Apr 221998 | Oct 51998 | 7,822.25 | 5,336.15 | (31.8\%) | 6 | 24.8\% | 31.0\% | 102.5\% |
| Sep 12000 | Oct 92002 | 11,388.80 | 5,695.33 | (50.0\%) | 25 | 18.9\% | 33.5\% | 115.5\% |
| Jun 182008 | Mar 92009 | 15,073.13 | 7,566.94 | (49.8\%) | 9 | 39.4\% | 57.5\% | N/A |
|  |  |  | Average: | (43.5\%) | 16 | 18.7\% | 41.7\% | 121.0\% |
|  |  | Period 1 (Gr | t Depression): | (37.4\%) | 13 | 14.2\% | 35.4\% | 137.6\% |

Annualized Price Return (excludes dividends)
Average: 8.00\%
Ex-Period 1 (Great Depression): $9.00 \%$

## Staying Invested May Improve Returns

| Crisis | Market Low | 1 Year Later | 2 Years Later |
| :--- | :---: | :---: | :---: |
| The Korean War | $7 / 13 / 1950$ | $28.8 \%$ | $39.3 \%$ |
| Cuban Missile Crisis | $10 / 23 / 1962$ | $33.8 \%$ | $57.3 \%$ |
| JFK Assassination | $11 / 23 / 1963$ | $25.0 \%$ | $33.0 \%$ |
| 1969 to 70 Market Break | $5 / 26 / 1970$ | $43.6 \%$ | $53.9 \%$ |
| 1973 to 74 Market Break | $12 / 6 / 1974$ | $42.2 \%$ | $66.5 \%$ |
| 1979 to 80 Oil Crisis | $3 / 27 / 1980$ | $27.9 \%$ | $5.9 \%$ |
| 1987 Stock Market Crash | $10 / 19 / 1987$ | $22.9 \%$ | $54.3 \%$ |
| Desert Storm | $10 / 11 / 1990$ | $21.1 \%$ | $30.2 \%$ |
| Soviet coup d'état attempt | $8 / 19 / 1991$ | $11.1 \%$ | $21.2 \%$ |
| Asian Financial Crisis | $4 / 2 / 1997$ | $49.3 \%$ | $76.2 \%$ |
| Dot-com Bubble Crash / Sept 11 / Enron | $10 / 9 / 2002$ | $33.7 \%$ | $44.8 \%$ |
| Invasion of Iraq | $3 / 11 / 2003$ | $38.2 \%$ | $50.6 \%$ |
| North Korean Missile Test | $7 / 17 / 2006$ | $25.5 \%$ | $2.1 \%$ |
| Subprime Mortgage Crisis | $3 / 9 / 2009$ | $68.6 \%$ | $95.1 \%$ |
| Average Appreciation |  | $33.7 \%$ | $45.0 \%$ |

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## Bear Market Decision in September 1974

\$10,000 Invested in the S\&P 500 on January 31, 1973


## Bear Market Decision in September 2002 $\$ 10,000$ Invested in the S\&P 500 on August 31, 2000



## Bear Market Decision in March 2009

\$10,000 Invested in the S\&P 500 on January 31, 2007


## Recovery from the Previous Recession

S\&P/TSX Composite Index


Source: Bloomberg (Dec 2019)

## Confidence \& Volatility

## US Consumer Confidence

Conference Board's US Consumer Confidence Index


## Investor Confidence

State Street Investor Confidence Index (Reflects Institutional Investors)


## Market Volatility

CBOE Volatility Index vs. S\&P 500 Index


## Diversification

## A "Balanced" Approach

Growth of $\$ 10,000$ over the past 10 years as at December 31, 2019


## Global Market Results

## Equity Market Returns

as of December 31, 2019; total returns indexed to 100, local currency


## Bond Market Returns

as of December 31, 2019; local currency


## Staying the Course

## 20 Years of the S\&P 500

Value of \$10,000 invested from December 31, 1999 to December 31, 2019 in CAD


## 20 Years of the S\&P/TSX Composite

Value of $\$ 10,000$ invested from December 31, 1999 to December 31, 2019 in CAD


## 20 Years of the S\&P/TSX Composite

Investing $\$ 2,000 /$ year in S\&P/TSX Over 20 Years


## Always Remember... It's Only a Cycle

Market Cycle Relative to Economic Cycle, but Each has Differences


For illustrative purposes only

## Long Term Investing

## Bull \& Bear Markets

S\&P/TSX Composite Index to December 31, 2019


## Bull \& Bear Markets: S\&P/TSX Composite

## The Risks and Rewards of Investing:

- This chart represents the bull and bear markets in the S\&P/TSX Composite Total Return since 1956. All bars above the line are bull markets; all bars below are bear markets.
- For the purposes of this illustration, a bull (bear) market is defined as a positive (negative) move greater than 15\% that lasts at least 3 months.


## Investor Behaviour:

- According to the chart, markets spend more time in positive territory (bull) than negative (bear).
- Bull markets are, on average, longer and more intense, providing a more significant percentage change.
- On average bear markets are more brief, and yet engender fear. It is during these periods that there are significant investment 'bargains' to be found.
- Investor discipline during bear markets is critical.


## Bull \& Bear Markets

S\&P 500 Index to December 31, 2019


## Bull \& Bear Markets: S\&P 500

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## Real Return of a GIC



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- The rate of returns shown is used only to illustrate the effects of the compound growth rate and is not intended to reflect future values of returns on investment."


[^0]:    Snapshots in time of significant negative international events from 1950 to March 2009, and the subsequent change in market value from the S\&P 500 low in that calendar year to one and two years hence.

